BEFORE THE MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS STATE OF CALIFORNIA

In the Matter of the Accusation Against:)))
Ehab Farouk Abdalah, M.D.) Case No. 800-2018-040708
Physician's and Surgeon's))
Certificate No. A 97083)
Respondent)
) ·

DECISION

The attached Stipulated Settlement and Disciplinary Order is hereby adopted as the Decision and Order of the Medical Board of California, Department of Consumer Affairs, State of California.

This Decision shall become effective at 5:00 p.m. on November 30, 2018.

IT IS SO ORDERED: October 31, 2018.

MEDICAL BOARD OF CALIFORNIA

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Panel A

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1	XAVIER BECERRA		
2	Attorney General of California ALEXANDRA M. ALVAREZ		
3	Supervising Deputy Attorney General Keith C. Shaw		
]	Deputy Attorney General		
4	State Bar No. 227029 600 West Broadway, Suite 1800		
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6	San Diego, CA 92186-5266		
7	Telephone: (619) 738-9515 Facsimile: (619) 645-2012		
8	Attorneys for Complainant		
9			
10	BEFOR MEDICAL BOARD		
11_{x}	DEPARTMENT OF CO	ONSUMER AFFAIRS	
12	STATE OF CA	ALIFORNIA	
13			
14			
15	In the Matter of the Accusation Against:	Case No. 800-2018-040708	
16	EHAB FAROUK ABDALAH, M.D.	OAH No. 2018070424	
17	6215 E. Bret Hills Dr.	STIPULATED SETTLEMENT AND	
	Paradise Valley, AZ 85253	DISCIPLINARY ORDER	
. 18	Physician's and Surgeon's Certificate No. A 97083		
19	Respondent.		
20	Respondent.	·	
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22	IT IS HEREBY STIPULATED AND AGR	EED by and between the parties to the above-	
23	entitled proceedings that the following matters are	e true:	
24	PART	<u>ries</u>	
25	1. Kimberly Kirchmeyer (Complainant)	is the Executive Director of the Medical Board	
26	of California (Board). She brought this action sol	ely in her official capacity and is represented in	
27	this matter by Xavier Becerra, Attorney General of the State of California, by Keith C. Shaw,		
28	Deputy Attorney General.		

- 2. Respondent Ehab Farouk Abdalah, M.D. (Respondent) is representing himself in this proceeding and has chosen not to exercise his right to be represented by counsel.
- 3. On or about August 30, 2006, the Board issued Physician's and Surgeon's Certificate No. A 97083 to Ehab Farouk Abdalah, M.D. The Physician's and Surgeon's Certificate expired on December 31, 2017, and has not been renewed.

JURISDICTION

- 4. Accusation No. 800-2018-040708 was filed before the Board, and is currently pending against Respondent. The Accusation and all other statutorily required documents were properly served on Respondent on May 16, 2018. Respondent timely filed his Notice of Defense contesting the Accusation.
- 5. A copy of Accusation No. 800-2018-040708 is attached as Exhibit A and incorporated herein by reference.

ADVISEMENT AND WAIVERS

- 6. Respondent has carefully read, and understands the charges and allegations in Accusation No. 800-2018-040708. Respondent has also carefully read, and understands the effects of this Stipulated Settlement and Disciplinary Order.
- 7. Respondent is fully aware of his legal rights in this matter, including the right to a hearing on the charges and allegations in the Accusation; the right to be represented by counsel at his own expense; the right to confront and cross-examine the witnesses against him; the right to present evidence and to testify on his own behalf; the right to the issuance of subpoenas to compel the attendance of witnesses and the production of documents; the right to reconsideration and court review of an adverse decision; and all other rights accorded by the California Administrative Procedure Act and other applicable laws.
- 8. Respondent voluntarily, knowingly, and intelligently waives and gives up each and every right set forth above.

CULPABILITY

9. Respondent admits the truth of each and every charge and allegation in Accusation No. 800-2018-040708.

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Respondent agrees that his Physician's and Surgeon's Certificate is subject to 10. discipline and he agrees to be bound by the Board's probationary terms as set forth in the Disciplinary Order below.

CONTINGENCY

- This stipulation shall be subject to approval by the Medical Board of California. Respondent understands and agrees that counsel for Complainant and the staff of the Medical Board of California may communicate directly with the Board regarding this stipulation and settlement, without notice to or participation by Respondent. By signing the stipulation, Respondent understands and agrees that he may not withdraw his agreement or seek to rescind the stipulation prior to the time the Board considers and acts upon it. If the Board fails to adopt this stipulation as its Decision and Order, the Stipulated Settlement and Disciplinary Order shall be of no force or effect, except for this paragraph, it shall be inadmissible in any legal action between the parties, and the Board shall not be disqualified from further action by having considered this matter.
- 12. The parties understand and agree that Portable Document Format (PDF) and facsimile copies of this Stipulated Settlement and Disciplinary Order, including PDF and facsimile signatures thereto, shall have the same force and effect as the originals.
- In consideration of the foregoing admissions and stipulations, the parties agree that the Board may, without further notice or formal proceeding, issue and enter the following Disciplinary Order:

DISCIPLINARY ORDER

IT IS HEREBY ORDERED that Physician's and Surgeon's Certificate No. A 97083 issued to Respondent Ehab Farouk Abdalah, M.D., is revoked. However, the revocation is stayed and Respondent is placed on probation for five (5) years from the effective date of the Decision and Order on the following terms and conditions.

CONTROLLED SUBSTANCES - PARTIAL RESTRICTION. Respondent shall not order, prescribe, dispense, administer, furnish, or possess any controlled substances as defined by the California Uniform Controlled Substances Act, except for those drugs listed in Schedules I,

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IV and V of the Act.

Respondent shall not issue an oral or written recommendation or approval to a patient or a patient's primary caregiver for the possession or cultivation of marijuana for the personal medical purposes of the patient within the meaning of Health and Safety Code section 11362.5. If Respondent forms the medical opinion, after an appropriate prior examination and medical indication, that a patient's medical condition may benefit from the use of marijuana, Respondent shall so inform the patient and shall refer the patient to another physician who, following an appropriate prior examination and medical indication, may independently issue a medically appropriate recommendation or approval for the possession or cultivation of marijuana for the personal medical purposes of the patient within the meaning of Health and Safety Code section 11362.5. In addition, Respondent shall inform the patient or the patient's primary caregiver that Respondent is prohibited from issuing a recommendation or approval for the possession or cultivation of marijuana for the personal medical purposes of the patient and that the patient or the patient's primary caregiver may not rely on Respondent's statements to legally possess or cultivate marijuana for the personal medical purposes of the patient. Respondent shall fully document in the patient's chart that the patient or the patient's primary caregiver was so informed. Nothing in this condition prohibits Respondent from providing the patient or the patient's primary caregiver information about the possible medical benefits resulting from the use of marijuana.

2. <u>CONTROLLED SUBSTANCES - MAINTAIN RECORDS AND ACCESS TO</u>

<u>RECORDS AND INVENTORIES</u>. Respondent shall maintain a record of all controlled substances ordered, prescribed, dispensed; administered, or possessed by Respondent, and any recommendation or approval which enables a patient or patient's primary caregiver to possess or cultivate marijuana for the personal medical purposes of the patient within the meaning of Health and Safety Code section 11362.5, during probation, showing all of the following: 1) the name and address of the patient; 2) the date; 3) the character and quantity of controlled substances involved; and 4) the indications and diagnosis for which the controlled substances were furnished.

Respondent shall keep these records in a separate file or ledger, in chronological order. All

 records and any inventories of controlled substances shall be available for immediate inspection and copying on the premises by the Board or its designee at all times during business hours and shall be retained for the entire term of probation.

- 3. <u>EDUCATION COURSE</u>. Within 60 calendar days of the effective date of this Decision, and on an annual basis thereafter, Respondent shall submit to the Board or its designee for its prior approval educational program(s) or course(s) which shall not be less than 40 hours per year, for each year of probation. The educational program(s) or course(s) shall be aimed at correcting any areas of deficient practice or knowledge, including the prescribing of controlled substances, and shall be Category I certified. The educational program(s) or course(s) shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure. Following the completion of each course, the Board or its designee may administer an examination to test Respondent's knowledge of the course. Respondent shall provide proof of attendance for 65 hours of CME of which 40 hours were in satisfaction of this condition.
- 4. PRESCRIBING PRACTICES COURSE. Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a course in prescribing practices approved in advance by the Board or its designee. Respondent shall provide the approved course provider with any information and documents that the approved course provider may deem pertinent. Respondent shall participate in and successfully complete the classroom component of the course not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully complete any other component of the course within one (1) year of enrollment. The prescribing practices course shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A prescribing practices course taken after the acts that gave rise to the charges in the Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the course would have been approved by the Board or its designee had the course been taken after the effective date of this Decision.

 Respondent shall submit a certification of successful completion to the Board or its designee not later than 15 calendar days after successfully completing the course, or not later than 15 calendar days after the effective date of the Decision, whichever is later.

5. MEDICAL RECORD KEEPING COURSE. Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a course in medical record keeping approved in advance by the Board or its designee. Respondent shall provide the approved course provider with any information and documents that the approved course provider may deem pertinent. Respondent shall participate in and successfully complete the classroom component of the course not later than six (6) months after Respondent's initial enrollment. Respondent shall successfully complete any other component of the course within one (1) year of enrollment. The medical record keeping course shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A medical record keeping course taken after the acts that gave rise to the charges in the Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the course would have been approved by the Board or its designee had the course been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its designee not later than 15 calendar days after successfully completing the course, or not later than 15 calendar days after the effective date of the Decision, whichever is later.

6. PROFESSIONALISM PROGRAM (ETHICS COURSE). Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a professionalism program, that meets the requirements of Title 16, California Code of Regulations (CCR) section 1358.1. Respondent shall participate in and successfully complete that program. Respondent shall provide any information and documents that the program may deem pertinent. Respondent shall successfully complete the classroom component of the program not later than six (6) months after Respondent's initial enrollment, and the longitudinal component of the program not later than the time specified by the program, but no later than one (1) year after attending the classroom

component. The professionalism program shall be at Respondent's expense and shall be in addition to the Continuing Medical Education (CME) requirements for renewal of licensure.

A professionalism program taken after the acts that gave rise to the charges in the Accusation, but prior to the effective date of the Decision may, in the sole discretion of the Board or its designee, be accepted towards the fulfillment of this condition if the program would have been approved by the Board or its designee had the program been taken after the effective date of this Decision.

Respondent shall submit a certification of successful completion to the Board or its designee not later than 15 calendar days after successfully completing the program or not later than 15 calendar days after the effective date of the Decision, whichever is later.

7. <u>CLINICAL COMPETENCE ASSESSMENT PROGRAM</u>. Within 60 calendar days of the effective date of this Decision, Respondent shall enroll in a clinical competence assessment program approved in advance by the Board or its designee. Respondent shall successfully complete the program not later than six (6) months after Respondent's initial enrollment unless the Board or its designee agrees in writing to an extension of that time.

The program shall consist of a comprehensive assessment of Respondent's physical and mental health and the six general domains of clinical competence as defined by the Accreditation Council on Graduate Medical Education and American Board of Medical Specialties pertaining to Respondent's current or intended area of practice. The program shall take into account data obtained from the pre-assessment, self-report forms and interview, and the Decision(s), Accusation(s), and any other information that the Board or its designee deems relevant. The program shall require Respondent's on-site participation for a minimum of three (3) and no more than five (5) days as determined by the program for the assessment and clinical education evaluation. Respondent shall pay all expenses associated with the clinical competence assessment program.

· At the end of the evaluation, the program will submit a report to the Board or its designee which unequivocally states whether the Respondent has demonstrated the ability to practice safely and independently. Based on Respondent's performance on the clinical competence

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assessment, the program will advise the Board or its designee of its recommendation(s) for the scope and length of any additional educational or clinical training, evaluation or treatment for any medical condition or psychological condition, or anything else affecting Respondent's practice of medicine. Respondent shall comply with the program's recommendations.

Determination as to whether Respondent successfully completed the clinical competence assessment program is solely within the program's jurisdiction.

If Respondent fails to enroll, participate in, or successfully complete the clinical competence assessment program within the designated time period, Respondent shall receive a notification from the Board or its designee to cease the practice of medicine within three (3) calendar days after being so notified. The Respondent shall not resume the practice of medicine until enrollment or participation in the outstanding portions of the clinical competence assessment program have been completed. If the Respondent did not successfully complete the clinical competence assessment program, the Respondent shall not resume the practice of medicine until a final decision has been rendered on the accusation and/or a petition to revoke probation. The cessation of practice shall not apply to the reduction of the probationary time period.]

8. MONITORING - PRACTICE. Within 30 calendar days of the effective date of this Decision, Respondent shall submit to the Board or its designee for prior approval as a practice monitor, the name and qualifications of one or more licensed physicians and surgeons whose licenses are valid and in good standing, and who are preferably American Board of Medical Specialties (ABMS) certified. A monitor shall have no prior or current business or personal relationship with Respondent, or other relationship that could reasonably be expected to compromise the ability of the monitor to render fair and unbiased reports to the Board, including but not limited to any form of bartering, shall be in Respondent's field of practice, and must agree to serve as Respondent's monitor. Respondent shall pay all monitoring costs.

The Board or its designee shall provide the approved monitor with copies of the Decision(s) and Accusation(s), and a proposed monitoring plan. Within 15 calendar days of receipt of the Decision(s), Accusation(s), and proposed monitoring plan, the monitor shall submit a signed statement that the monitor has read the Decision(s) and Accusation(s), fully understands the role

of a monitor, and agrees or disagrees with the proposed monitoring plan. If the monitor disagrees with the proposed monitoring plan, the monitor shall submit a revised monitoring plan with the signed statement for approval by the Board or its designee.

Within 60 calendar days of the effective date of this Decision, and continuing throughout probation, Respondent's practice shall be monitored by the approved monitor. Respondent shall make all records available for immediate inspection and copying on the premises by the monitor at all times during business hours and shall retain the records for the entire term of probation.

If Respondent fails to obtain approval of a monitor within 60 calendar days of the effective date of this Decision, Respondent shall receive a notification from the Board or its designee to cease the practice of medicine within three (3) calendar days after being so notified. Respondent shall cease the practice of medicine until a monitor is approved to provide monitoring responsibility.

The monitor(s) shall submit a quarterly written report to the Board or its designee which includes an evaluation of Respondent's performance, indicating whether Respondent's practices are within the standards of practice of medicine and whether Respondent is practicing medicine safely. It shall be the sole responsibility of Respondent to ensure that the monitor submits the quarterly written reports to the Board or its designee within 10 calendar days after the end of the preceding quarter.

If the monitor resigns or is no longer available, Respondent shall, within 5 calendar days of such resignation or unavailability, submit to the Board or its designee, for prior approval, the name and qualifications of a replacement monitor who will be assuming that responsibility within 15 calendar days. If Respondent fails to obtain approval of a replacement monitor within 60 calendar days of the resignation or unavailability of the monitor, Respondent shall receive a notification from the Board or its designee to cease the practice of medicine within three (3) calendar days after being so notified. Respondent shall cease the practice of medicine until a replacement monitor is approved and assumes monitoring responsibility.

9. <u>NOTIFICATION</u>. Within seven (7) days of the effective date of this Decision, the Respondent shall provide a true copy of this Decision and Accusation to the Chief of Staff or the

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Chief Executive Officer at every hospital where privileges or membership are extended to Respondent, at any other facility where Respondent engages in the practice of medicine, including all physician and locum tenens registries or other similar agencies, and to the Chief Executive Officer at every insurance carrier which extends malpractice insurance coverage to Respondent. Respondent shall submit proof of compliance to the Board or its designee within 15 calendar days.

This condition shall apply to any change(s) in hospitals, other facilities or insurance carrier.

- 10. <u>SUPERVISION OF PHYSICIAN ASSISTANTS AND ADVANCED PRACTICE</u>

 <u>NURSES.</u> During probation, Respondent is prohibited from supervising physician assistants and advanced practice nurses.
- 11. <u>OBEY ALL LAWS</u>. Respondent shall obey all federal, state and local laws, all rules governing the practice of medicine in California and remain in full compliance with any court ordered criminal probation, payments, and other orders.
- 12. QUARTERLY DECLARATIONS. Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Board, stating whether there has been compliance with all the conditions of probation.

Respondent shall submit quarterly declarations not later than 10 calendar days after the end of the preceding quarter.

13. GENERAL PROBATION REQUIREMENTS.

Compliance with Probation Unit

Respondent shall comply with the Board's probation unit.

Address Changes

Respondent shall, at all times, keep the Board informed of Respondent's business and residence addresses, email address (if available), and telephone number. Changes of such addresses shall be immediately communicated in writing to the Board or its designee. Under no circumstances shall a post office box serve as an address of record, except as allowed by Business and Professions Code section 2021(b).

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Place of Practice

Respondent shall not engage in the practice of medicine in Respondent's or patient's place of residence, unless the patient resides in a skilled nursing facility or other similar licensed facility.

License Renewal

Respondent shall maintain a current and renewed California physician's and surgeon's license.

Travel or Residence Outside California

Respondent shall immediately inform the Board or its designee, in writing, of travel to any areas outside the jurisdiction of California which lasts, or is contemplated to last, more than thirty (30) calendar days.

In the event Respondent should leave the State of California to reside or to practice, Respondent shall notify the Board or its designee in writing 30 calendar days prior to the dates of departure and return.

- 14. <u>INTERVIEW WITH THE BOARD OR ITS DESIGNEE</u>. Respondent shall be available in person upon request for interviews either at Respondent's place of business or at the probation unit office, with or without prior notice throughout the term of probation.
- 15. NON-PRACTICE WHILE ON PROBATION. Respondent shall notify the Board or its designee in writing within 15 calendar days of any periods of non-practice lasting more than 30 calendar days and within 15 calendar days of Respondent's return to practice. Non-practice is defined as any period of time Respondent is not practicing medicine as defined in Business and Professions Code sections 2051 and 2052 for at least 40 hours in a calendar month in direct patient care, clinical activity or teaching, or other activity as approved by the Board. If Respondent resides in California and is considered to be in non-practice, Respondent shall comply with all terms and conditions of probation. All time spent in an intensive training program which has been approved by the Board or its designee shall not be considered non-practice and does not relieve Respondent from complying with all the terms and conditions of probation. Practicing medicine in another state of the United States or Federal jurisdiction while

on probation with the medical licensing authority of that state or jurisdiction shall not be considered non-practice. A Board-ordered suspension of practice shall not be considered as a period of non-practice.

In the event Respondent's period of non-practice while on probation exceeds 18 calendar months, Respondent shall successfully complete the Federation of State Medical Boards's Special Purpose Examination, or, at the Board's discretion, a clinical competence assessment program that meets the criteria of Condition 18 of the current version of the Board's "Manual of Model Disciplinary Orders and Disciplinary Guidelines" prior to resuming the practice of medicine.

Respondent's period of non-practice while on probation shall not exceed two (2) years. Periods of non-practice will not apply to the reduction of the probationary term.

Periods of non-practice for a Respondent residing outside of California will relieve Respondent of the responsibility to comply with the probationary terms and conditions with the exception of this condition and the following terms and conditions of probation: Obey All Laws; General Probation Requirements; Quarterly Declarations; Abstain from the Use of Alcohol and/or Controlled Substances; and Biological Fluid Testing.

- 16. <u>COMPLETION OF PROBATION</u>. Respondent shall comply with all financial obligations (e.g., restitution, probation costs) not later than 120 calendar days prior to the completion of probation. Upon successful completion of probation, Respondent's certificate shall be fully restored.
- 17. <u>VIOLATION OF PROBATION</u>. Failure to fully comply with any term or condition of probation is a violation of probation. If Respondent violates probation in any respect, the Board, after giving Respondent notice and the opportunity to be heard, may revoke probation and carry out the disciplinary order that was stayed. If an Accusation, or Petition to Revoke Probation, or an Interim Suspension Order is filed against Respondent during probation, the Board shall have continuing jurisdiction until the matter is final, and the period of probation shall be extended until the matter is final.
- 18. <u>LICENSE SURRENDER</u>. Following the effective date of this Decision, if

 Respondent ceases practicing due to retirement or health reasons or is otherwise unable to satisfy

STIPULATED SETTLEMENT AND DISCIPLINARY ORDER (800-2018-040708)

ENDORSEMENT The foregoing Stipulated Settlement and Disciplinary Order is hereby respectfully submitted for consideration by the Medical Board of California. Dated: October 1, 2018 Respectfully submitted, XAVIER BECERRA Attorney General of California ALEXANDRA M. ALVAREZ Supervising Deputy Attorney General

KEITH C. SHAW
Deputy Attorney General
Attorneys for Complainant

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Exhibit A

Accusation No. 800-2018-040708

		FILED		
1	XAVIER BECERRA	STATE OF CALIFORNIA		
2.	Attorney General of California JANE ZACK SIMON	MEDICAL BOARD OF CALIFORNIA SACRAMENTO MAY 16 20 18		
3	Supervising Deputy Attorney General KEITH C. SHAW	BY K Voorg ANALYST		
4	Deputy Attorney General State Bar No. 227029			
5	455 Golden Gate Avenue, Suite 11000 San Francisco, CA 94102-7004			
6	Telephone: (415) 510-3519 Facsimile: (415) 703-5480			
7	Attorneys for Complainant			
		RE THE		
8	MEDICAL BOARD OF CALIFORNIA DEPARTMENT OF CONSUMER AFFAIRS			
9	STATE OF C	CALIFORNIA		
10	In the Matter of the Accusation Against:	Case No. 800-2018-040708		
11	EHAB FAROUK ABDALAH, M.D.	ACCUSATION		
12	6745 N. 93rd Avenue #1104	No o o o n i i o n		
13	Glendale, AZ 85305			
14	Physician's and Surgeon's Certificate	•		
15	No. A 97083,			
16	Respondent.			
17	Complainant alleges:			
18	PAR	<u>TIES</u>		
19	Kimberly Kirchmeyer (Complainant) brings this Accusation solely in her official		
20	capacity as the Executive Director of the Medica	l Board of California (Board).		
21	2. On or about August 30, 2006, the M	edical Board issued Physician's and Surgeon's		
22	Certificate Number A 97083 to Ehab Farouk Abdalah, M.D. (Respondent). The Physician's and			
23,	Surgeon's Certificate expired on December 31, 2	017, and has not been renewed.		
24	JURISI	ICTION		
25	3. This Accusation is brought before th	e Board, under the authority of the following		
26	laws. All section references are to the Business	and Professions Code unless otherwise indicated.		
27	A. Section 2227 of the Code	provides in part that the Board may revoke,		
28	suspend for a period not to exceed one year, or place on probation, the license of any			
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licensee who has been found guilty under the Medical Practice Act, and may recover the costs of probation monitoring.

B. Section 2305 of the Code provides, in part, that the revocation, suspension, or other discipline, restriction, or limitation imposed by another state upon a license or certificate to practice medicine issued by that state, or the revocation, suspension, or restriction of the authority to practice medicine by any agency of the federal government, that would have been grounds for discipline in California of a licensee under this chapter, shall constitute grounds for disciplinary action for unprofessional conduct against the licensee in this state.

C. Section 141 of the Code provides:

- "(a) For any licensee holding a license issued by a board under the jurisdiction of the department, a disciplinary action taken by another state, by any agency of the federal government, or by another country for any act substantially related to the practice regulated by the California license, may be a ground for disciplinary action by the respective state licensing board. A certified copy of the record of the disciplinary action taken against the licensee by another state, an agency of the federal government, or another country shall be conclusive evidence of the events related therein.
- "(b) Nothing in this section shall preclude a board from applying a specific statutory provision in the licensing act administered by that board that provides for discipline based upon a disciplinary action taken against the licensee by another state, an agency of the federal government, or another country."

CAUSE FOR DISCIPLINE

(Discipline, Restriction, or Limitation Imposed by Another State)

4. On February 2, 2018, the Arizona Medical Board (Arizona Board) issued an Interim Consent Agreement (Agreement) regarding Respondent's license to practice medicine in the State of Arizona. The Agreement contains the following stipulated factual findings:

Patient JD

a. Respondent treated Patient JD (JD) intermittently from April 7, 2009 through May
 2016, during which time Respondent prescribed methadone¹ and oxycodone² to JD for pain management;

² Oxycodone is an opioid used to treat moderate to severe pain.

¹ Methadone is an opioid used to treat severe pain and drug addiction.

- b. Between February 1, 2013 to October 25, 2013, JD received prescriptions for hydrocodone³, clonazepam⁴, and oxycodone in increasing dosages from another provider, then returned to Respondent's care on September 16, 2013, where he continued to receive oxycodone and methadone for pain management;
- c. Between September and October 2014, JD received three (3) oxycodone prescriptions and a prescription for Tramadol⁵ from three (3) different providers, then returned to Respondent's care on November 6, 2014, where he continued to receive oxycodone and methadone for pain management;
- d. On March 17, 2015, JD's wife called Respondent's staff and informed them that JD was snorting his medication and drinking alcohol. On March 31, 2015, Respondent saw JD, at which time JD denied his wife's allegations. However, Respondent failed to document this conversation, as well as the March 17, 2015 phone call from JD's wife;
- e. JD subsequently underwent inpatient detoxification and was discharged on Suboxone⁶ in May 2015. Following JD's discharge, he was issued prescriptions for methadone and oxycodone from Respondent's nurse practitioner, while at the same time receiving Suboxone from his primary care physician. On July 15, 2015, Respondent discharged JD as a patient for violating his pain contract.
- f. In March 2016, Respondent reestablished care with JD, who had not received Suboxone for several months or opioids for over one month. Respondent's nurse practitioner prescribed JD oxycodone twice that month. Respondent then prescribed oxycodone 10/325 #90 on April 11, 2016. On May 11, 2016, Respondent's nurse practitioner prescribed JD oxycodone 10/325 #60 and methadone 10 mg #60.

³ Hydrocodone is an opioid used to treat pain.

⁴ Clonazepam is a sedative used to treat seizures, panic disorder and anxiety.
⁵ Tramadol is an opioid used to treat moderate to moderately severe pain.

⁶ Suboxone is a milder opioid used to treat opioid addiction.

g. On May 19, 2016, JD was found dead due to methadone and oxycodone intoxication.

Patients EE, LM and RB

- h. Patient EE (EE) was treated by Respondent for chronic pain and prescribed
 Percocet and Fentanyl patches, as well as lumbar epidural injections and facet joint blocks;
- i. Patient LM (LM) was treated by Respondent in May 2012 for pain management, which included lumbar epidural injections, as well as prescribing Gabapentin⁷, Tramadol, Percocet⁸, Fentanyl⁹, morphine sulfate, and oxycodone;
- j. Patient RB (RB) received care from Respondent in March 2013, during which time his treatment included medical management with oxycodone and other pain medications, as well as lumbar epidural injections.

Deviations from the Standard of Care

- k. A medical consultant reviewed Respondent's care of all patients, and found that Respondent prescribed a rapidly escalating morphine equivalent dosing (MED) of opioids. Specifically, it was concluded that when Respondent initiated Fentanyl for EE along with a continuation of Percocet, this represented a 320% MED increase. Similarly for LM, Respondent's adjustment to her dosages of Fentanyl and Percocet equated to a 237% MED increase;
- Respondent's records were incomplete or blank for dates controlled substances
 were prescribed for all patients, and it was found that Respondent's documentation
 placed patients at risk in multiple instances;
- m. The Medical Consultant noted multiple deviations from the standard of care in the treatment of JD, and actual harm was identified in that he overdosed as a result of

⁷ Gabapentin is a nerve pain medication.

⁸ Percocet is a combination of oxycodone and acetaminophen used to treat moderate to evere pain.

Fentanyl is an opioid used to treat severe pain and can cause respiratory distress and death when taken in high doses or when combined with other substances.

methadone and oxycodone toxicity. All patients were identified for potential harm, including medication abuse and diversion. Respondent's escalation of opioid dosages and failure to address abnormal urine drug screens deviated from the standard of care.

A true and correct copy of the Agreement issued by the Arizona Board is attached as Exhibit A.

- 5. Pursuant to the Agreement, Respondent's license to practice medicine in the State of Arizona is subject to the following terms:
 - a. Respondent is prohibited from prescribing controlled substances in the State of Arizona until he has retained a practice monitor. The practice monitor shall be responsible for ensuring that Respondent's controlled substances prescribing practices are in accordance with current guidelines;
 - b. This Agreement will remain in place until the Arizona Board determines it is appropriate to release Respondent from this Agreement.
- 6. Respondent's conduct and the action of the Arizona Board, as set forth in paragraphs 4 and 5 above, constitute cause for discipline pursuant to sections 2305 and/or 141 of the Code.

DISCIPLINARY CONSIDERATIONS

7. To determine the degree of discipline, if any, to be imposed on Respondent Ehab Farouk Abdalah, M.D., Complainant alleges that on or about September 30, 2010, in a prior disciplinary action entitled In the Matter of the Accusation Against Ehab Farouk Abdalah, M.D. before the Medical Board of California, in Case Number 16-2009-203767, Respondent's license was Publicly Reprimanded, which was based on an out-of-state disciplinary Agreement issued by the Arizona Medical Board finding that Respondent knowingly made misstatements or omissions on hospital staff privilege applications. That decision is now final and is incorporated by reference as if fully set forth herein.

PRAYER

WHEREFORE, Complainant requests that a hearing be held on the matters herein alleged, and that following the hearing, the Board issue a decision:

(EHAB FAROUK ABDALAH, M.D.) ACCUSATION NO. 800-2018-040708

EXHIBIT A

BEFORE THE ARIZONA MEDICAL BOARD

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In the Matter of

EHAB F. ABDALAH, M.D.

Holder of License No. 36239

In the State of Arizona.

For the Practice of Allopathic Medicine

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INTERIM CONSENT AGREEMENT FOR PRACTICE RESTRICTION

Case No. MD-16-0856A

INTERIM CONSENT AGREEMENT

Ehab F. Abdalah, M.D. ("Respondent") elects to permanently waive any right to a hearing and appeal with respect to this Interim Consent Agreement for Practice Restriction and consents to the entry of this Order by the Arizona Medical Board ("Board").

INTERIM FINDINGS OF FACT

- The Board is the duly constituted authority for the regulation and control of 1. the practice of allopathic medicine in the State of Arizona.
- Respondent is the holder of License No. 36239 for the practice of allopathic medicing in the State of Arizona.
- The Board initiated case number MD-16-0856A after receiving a complaint regarding Respondent's care and treatment of a 49 year-old male patient ("JD") alleging inappropriate prescribing of controlled substances with subsequent patient death.

Patient JD

- JD established care with Respondent on April 7, 2009 and Respondent started JD on oxycodone 15mg. In June 2009, Respondent prescribed methadone 10mg, before JD requested to go back on Percocet in August 2009.
- Between February 1, 2013 and October 25, 2013, JD received prescriptions for hydrocodone, clonazepam and oxycodone from a primary care physician. JD's

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Controlled Substances Prescription Monitoring Program ("CSPMP") report shows that the prescriptions were written in increasing dosages during this time.

- JD re-initiated treatment with Respondent on September 16, 2013, when 6. Respondent treated JD with oxycodone and methadone for pain management.
- JD did not receive any controlled substance prescriptions between February 7. and September, 2014. Between September and October, 2014, JD received three oxycodone prescriptions and a prescription for tramadol from three different prescribers.
- On November 6, 2014, JD returned to Respondent who continued to treat JD with oxycodone and methadone.
- On March 17, 2015, JD's wife informed the staff that JD was snorting his medication and he was drinking alcohol. On March 31, 2015, Respondent saw JD who denied his wife's report; however, there is no documentation stating that the wife had called and reported that the patient was snorting his medication or that he spoke with JD regarding the March 17 phone call.
- JD subsequently underwent inpatient detoxification and was discharged on Suboxone. Between JD's discharge of May, 2015 and November, 2015, he obtained Suboxone from three different providers. On July 15, 2015, Respondent discharged JD as a patient for violating his pain contract.
- JD re-established care with Respondent's practice for two months beginning 11. in May, 2015 when he was issued prescriptions for methadone and oxycodone under the DEA number for one of the Nurse Practitioners employed by Respondent. At the same time JD was receiving Suboxone from his primary care physician. Billing records for these dates attributed JD's care to Respondent.
- JD again re-established care with Respondent in March, 2016. At the time of 12. his initial visit, JD had not received any Suboxone for several months, and had not

received any prescribed opioids for over a month. Another Nurse Practitioner employed by Respondent prescribed JD oxycodone twice in that month. Respondent saw JD on April 11, 2016 and prescribed oxycodone 10/325 #90. On May 11, 2016, Respondent's Nurse Practitioner prescribed JD oxycodone 10/325 #60 and methadone 10 mg #60.

13. On May 19, 2016, JD was found dead. His cause of death was listed as methadone and oxycodone intoxication.

Patients EE, LM and RB

- 14. Patient EE, an established female patient, was treated by Respondent for chronic pain related to multiple medical conditions. Respondent prescribed EE medications including Percocet and Fentanyl patches, and provided lumbar epidural injections and facet joint blocks.
- 15. Patient LM, a 43 year-old female patient, established care with Respondent in May, 2012 for pain management. Respondent's treatment included lumbar epidural injections, as well as medication management including Gabapentin, Tramadol, Percocet and later Fentanyl, Morphine sulfate and Oxycodone.
- 16. Patient RB, a 58 year-old female, established care with Respondent in March, 2013. Respondent's treatment of RB included medication management with Oxycodone and Flexeril, as well as Lumbar epidural injections.

Deviations from the Standard of Care

17. A Medical Consultant ("MC") who reviewed Respondent's care of these patients found that Respondent demonstrated a pattern of rapidly escalating the daily morphine equivalent dosing ("MED") of opioids when starting extended-release opioids. The MC found that when Respondent initiated Fentanyl for EE along with continuation of Percocet, this represented a 320% MED increase. Similarly for patient LM, Respondent's

decision to adjust her dosages of Fentanyl and Percocet represented a 237% MED increase in LM's opioid regimen.

- 18. For all patients reviewed, the MC found instances where Respondent's procedure notes are incomplete or blank for dates that controlled substances were prescribed.
- 19. The MC noted multiple deviations from the standard of care including failure of oversight and management for Patient JB. Additionally, the MC found multiple instances where Respondent's documentation put patients at risk. Lastly, the MC found that Respondent's escalation of opioid dosages and failure to address aberrant urine drug screens deviated from the standard of care.
- 20. Actual harm was identified in that Patient JD died of methadone and oxycodone toxicity. All patients were at risk for potential harm including medication abuse and diversion.
- 21. The aforementioned information was presented to the investigative staff, the medical consultant and the lead Board member. All reviewed the information and concur that the interim consent agreement to restrict Respondent's controlled substance prescribing pending the outcome of a formal interview or formal hearing is appropriate.
 - 22. The investigation into this matter is pending Board review.

INTERIM CONCLUSIONS OF LAW

- The Board possesses jurisdiction over the subject matter hereof and over Respondent.
- 2. Pursuant to A.R.S. § 32-1405(C)(25) the Executive Director has authority to enter into a consent agreement when there is evidence of danger to the public health and safety.

3. Pursuant to A.A.C. R4-16-504, the Executive Director may enter into an interim consent agreement when there is evidence that a restriction is needed to mitigate imminent danger to the public's health and safety. Investigative staff, the Board's medical consultant and the lead Board member have reviewed the case and concur that an interim consent agreement is appropriate.

INTERIM ORDER

IT IS HEREBY ORDERED THAT:

- 1. Respondent is prohibited from prescribing controlled substances in the State of Arizona until Respondent has retained a practice monitor as set forth herein. Respondent shall submit the name of a practice monitor who is an Arizona physician licensed and in good standing with the Board. The practice monitor shall be responsible for ensuring that Respondent's controlled substance prescribing practices are in accordance with current guidelines; namely that Respondent is utilizing appropriate patient assessments, responsible dosing of controlled substances and conscientious patient oversight. Respondent shall agree to allow the monitor to view his interactions with any and all patients and patient records as deemed appropriate by the monitor. The monitor shall provide written reports to the Board on a monthly basis or at any time the monitor has concerns regarding Respondent's safety to practice. Respondent shall be responsible for all expenses relating to the practice monitor and preparation of the monthly reports.
- 2. Respondent may request, in writing, release and/or modification of this Interim Consent Agreement. The Executive Director, in consultation with and agreement of the lead Board member and the Chief Medical Consultant, has the discretion to determine whether it is appropriate to release Respondent from this Interim Consent Agreement.
- 3. The Board retains jurisdiction and may initiate new action based upon any violation of this Interim Consent Agreement, including, but not limited to, summarily

suspending Respondent's license.

- 4. Because this is an Interim Consent Agreement and not a final decision by the Board regarding the investigation, it is subject to further consideration by the Board.
- 5. This Interim Consent Agreement shall be effective on the date signed by the Board's Executive Director.

DATED this 2nd day of Jebning, 2018.

ARIZONA MEDICAL BOARD

Patricia E. McSorley
Executive Director

RECITALS

Respondent understands and agrees that:

- 1. The Board, through its Executive Director, may adopt this Interim Consent Agreement, or any part thereof, pursuant to A.R.S. § 32-1405(C)(25) and A.A.C. R4-16-504.
- 2. Respondent has read and understands this Interim Consent Agreement as set forth herein, and has had the opportunity to discuss this Interim Consent Agreement with an attorney or has waived the opportunity to discuss this Interim Consent Agreement with an attorney. Respondent voluntarily enters into this Interim Consent Agreement and by doing so agrees to abide by all of its terms and conditions.
- 3. By entering into this Interim Consent Agreement, Respondent freely and voluntarily relinquishes all rights to an administrative hearing on the matters set forth herein, as well as all rights of rehearing, review, reconsideration, appeal, judicial review or

any other administrative and/or judicial action, concerning the matters related to the Interim Consent Agreement.

- 4. Respondent understands that this Interim Consent Agreement does not constitute a dismissal or resolution of this matter or any matters that may be currently pending before the Board and does not constitute any waiver, express or implied, of the Board's statutory authority or jurisdiction regarding this or any other pending or future investigations, actions, or proceedings. Respondent also understands that acceptance of this Interim Consent Agreement does not preclude any other agency, subdivision, or officer of this State from instituting civil or criminal proceedings with respect to the conduct that is the subject of this Interim Consent Agreement. Respondent further does not relinquish his/her rights to an administrative hearing, rehearing, review, reconsideration, judicial review or any other administrative and/or judicial action, concerning the matters related to a final disposition of this matter, unless he/she affirmatively does so as part of the final resolution of this matter.
- 5. Respondent acknowledges and agrees that upon signing this Interim Consent Agreement and returning it to the Board's Executive Director, Respondent may not revoke his/her acceptance of this Interim Consent Agreement or make any modifications to it. Any modification of this original document is ineffective and void unless mutually approved by the parties in writing.
- 6. Respondent understands that this Interim Consent Agreement shall not become effective unless and until it is signed by the Board's Executive Director.
- 7. Respondent understands and agrees that if the Board's Executive Director does not adopt this Interim Consent Agreement, he will not assert in any future

proceedings that the Board's consideration of this Interim Consent Agreement constitutes bias, prejudice, prejudgment, or other similar defense.

- 8. Respondent understands that this Interim Consent Agreement is a public record that may be publicly disseminated as a formal action of the Board, and that it shall be reported as required by law to the National Practitioner Data Bank.
- 9. Respondent understands that this Interim Consent Agreement does not alleviate his responsibility to comply with the applicable license-renewal statutes and rules. If this Interim Consent Agreement remains in effect at the time Respondent's allopathic medical license comes up for renewal, he/she must renew his license if Respondent wishes to retain his/her license. If Respondent elects not to renew his license as prescribed by statute and rule, Respondent's license will not expire but rather, by operation of law (A.R.S. § 32-3202), become suspended until the Board takes final action in this matter. Once the Board takes final action, in order for Respondent to be licensed in the future, he must submit a new application for licensure and meet all of the requirements set forth in the statutes and rules at that time.
- 10. Respondent understands that any violation of this Interim Consent Agreement constitutes unprofessional conduct under A.R.S. § 32-1401(27)(r) ("[v]iolating a formal order, probation, consent agreement or stipulation issued or entered into by the board or its executive director under this chapter.").

CUBACU		2/2/2018
EHAB F. ABDALAH, M.D.	DATED:	

EXECUTED COPY of the foregoing e-mailed this day of Television, 2018 to:

1	Maria Nutile
2	Nutile Law and Associates 7395 S Pecos Rd, Suite 103
3	Las Vegas, NV 89120 Attorney for Respondent
4	ORIGINAL of the foregoing filed
5	this And day of February 2018 with:
6	Arizona Medical Board
7	1740 W. Adams St., Suite 4000 Phoenix AZ 85007
8	May Bober
9	Board staff
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